"Intervention was good, I feel it as encouraged me to reflect and as a result has changed my mindset especially in relation to who I hang around with. I have asked myself 'who are my trues friends'. I have now sought a new group of peers who don't get into trouble. Now when I see peers whom I know are trouble or likely to pressure me I just put my head down and avoid them were possible or keep the conversation to a minimum. Having reflected on my life the consequences of further offending and the impact my behaviour has had on my family and victims I've decided it is not the path I want to go"

One yp has started a poem about Reach (which he is still writing, but here are the first 2 verses and has started to access extracurricular activities after school which he had not done before being on Reach)

## Quotes about impact from children/families:

"E took himself to seclusion to calm down and read a book..
everyone was talking about the fight and he wanted to remove himself from the situation as he knew he would get into trouble if he stayed."

"It is helping me be a better version of myself" This is the first day of my time on the reach

Listen to A, I'm about to preach

After my preach, I'm about to Reach

I've got goals, I hold them near

I want to fix bikes or be an engineer

Basketball is good, I like it a lot

When I start playing, I just can't stop

I'm going to play more, this I pray,

I'm going to shoot balls on a Thursday.

"When I get mad, it only lasts for a few minutes now."

"I'm really glad the school put me on this programme"

"R's attitude has improved at school and at home since working with C from The Reach Programme."

## Quotes from young people:

"They've helped me with my anger, they've helped me with my anxiety, what to do when I'm in bad situations... they helped me with a lot."

"I never had any confidence before I met my Prevention Officer, I couldn't meet anyone new or talk to anyone about what happened, and now I communicate with a lot more people and I'm always making new friends.

He helped me to see the brighter side of things and that's increased my confidence loads."

"I wasn't getting on the best with my mum at home, so part of the programme was making a chart with my mum and we agreed that we had to stick to the chart and it's really improved our relationship having something to work towards."

## **Quotes from parents/carers**

"It helped her with her confidence, there was some good techniques they used" "After their conversations she started to show me a little bit more respect and started to understand the consequences for what she had done and also the consequences it had on me and us as a family."

"After their conversations she started to show me a little bit more respect and started to understand the consequences for what she had done and also the consequences it had on me and us as a family."